



Agility Training Featuring the VertiMax System

Guaranteed to help maximize your potential!

Improve:
Endurance
Balance
Lateral Movement
Vertical Leaping Ability
Burst Speed
Coordination

Cost is \$200 for 12 sessions
Classes run throughout the year

For more information contact: moreinfo@agilitytraining.org

APPLICATION FORM

Participant's Name (Print) _____

Address _____

Telephone _____ Email _____

Age _____ Sex - M/F (circle one) Height _____ Weight _____

Payable by Cash, Check or Money Order (Checks or Money Orders payable to "The Agility Training Group" – Deposit mailing address: 5728 Meyer Ave, New Market, MD 21774.

Parent or Legal Guardian Signature _____

A signed Release of Liability Waiver by the parent or legal guardian must accompany this application before sessions can begin.

The Agility Training Group

RELEASE OF LIABILITY

In consideration of acceptance by the Agility Training Group, I do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims to me against the Agility training Group, its officers, directors, volunteers, trainers and others aiding in the program. And/or for any and all damages which may be sustained and suffered in connection with said association or entry and/or arising out of traveling to or participating in and returning from practices and/or events. It is expressly understood by the undersigned that he/she is solely responsible for any costs arising out of any bodily injury or property damage sustained through participation in normal or unusual activities of this program.

I have carefully read and understand completely and clearly the above provisions and agree to be bound by them.

Participant's Name: _____

Street Address: _____

Telephone Number: _____ **Email:** _____

Parent/Legal Guardian Signature: _____

Date: _____